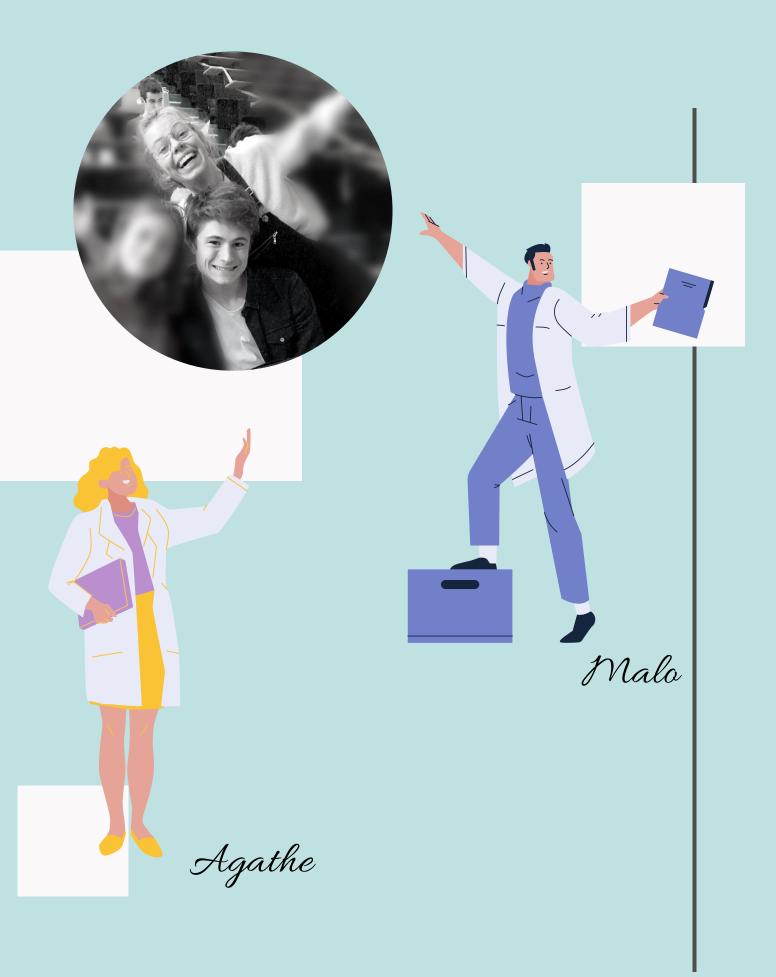
## THINKATHON #2

To what extent can technology in the health-care system be an answer to the exclusion of rural areas?



## **CONTENTS**

#### I- Meet our team



#### **II- Medical Deserts**

What's the matter?



## **II- Policy Recommendations**

Uses cases

Impact : Outlining and

Conséquences



## MEET OUR TEAM

#### French medical students.



"He's consciencious" "He truly is soothing"

**MALO** 



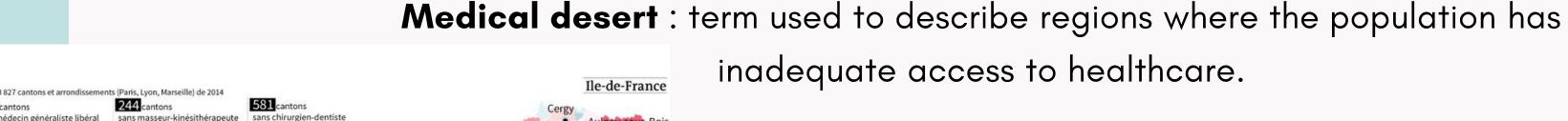
#### **AGATHE**

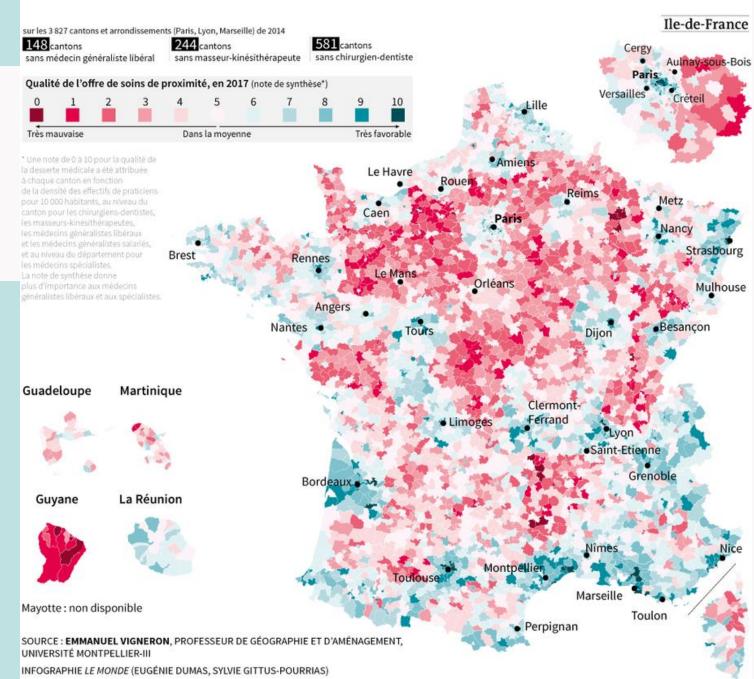
"She's creative" "She truly is hardworking"

Solidarity, sharing & respect: our most important values.

We are not only project partners but also **friends!** 

Well, let's say we are on the same wave length...





**Technology** in the health sector: a **solution** in dealing with today's global circumstances?



This map was made in 2017 on a score graduating the health accessibility by canton. The redder, the less health workers you have.

# Medical Deserts

To what extent can technology in the health-care system be an answer to the exclusion of rural areas?

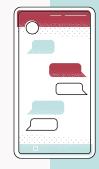




#### **CHRONIC CARE**

#### MATERIAL SOLUTIONS

#### Therapeutic education



- Establishment of a **specific education pack** to each chronic disease.
- A **telephone directory** in multiple languages and in Braille

#### **Telemedecine**



- A digital medical office
- A register of volunteers, ready to provide basics computer skills

#### HUMAN SOLUTIONS



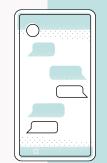
What's more, human solutions are still needed, such as **The Nurse Practionner-Advanced Practice**and **Health Center.** 

TECHNOLOGIES CAN ALLOW PATIENTS TO BE EDUCATED, TO DEVELOP TELEMEDICINE & TO REDUCE INEQUALITIES OF MEDICAL ACCESS

#### **EMERGENCY CARE**

#### MATERIAL SOLUTIONS

#### Phone apps: a new way of learning



How to act while waiting for emergency to come?

 Advices and videos of simple acts and gestures will help you

How to find health care products (defibrillator) and help while waiting for emergency to come?



- A map showing the nearest ressource point.
- Call any volunteer trained and registered on the app to come to help you.

#### **HUMAN SOLUTIONS**



#### **Regional Coverage**

 Increase and register the number of referents in first aid (firefighter, nurse...)

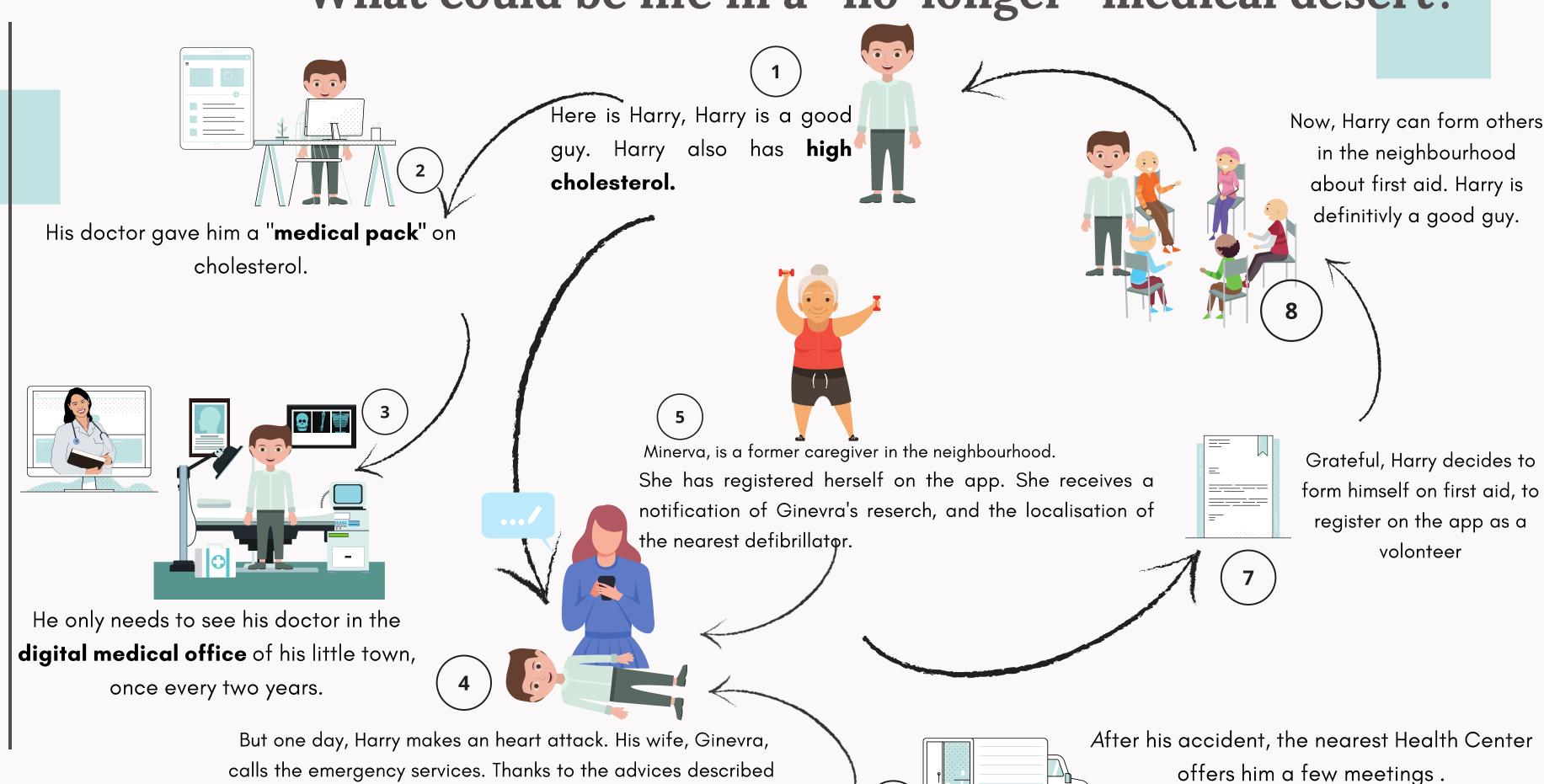


**Health Center** 

Intermediary

IN AN EMERGENCY, THE FIRST FEW MINUTES ARE OFTEN DECISIVE WARN AND RESCUE: A MATTER OF LIFE

## What could be life in a -no-longer- medical desert?



on a **phone app**: she starts a cardiac massage.

### **CONCLUSION**

Human and Material solutions are conceivable to resolve medical desert issue.

- We suggest to play on therapeutic education: Patient education and local population education constitute a solution, as well as mutual assistance ether it's in First Aid or in using technology. We are calling for people to be solidary.
- We put forward using **phone apps** to learn how to act: in a medical emergency" delivering advices, indicating human and material ressources.
- We stress the value of Nurses Advanced practionner. They can improve the follow-up care.
- Technologies are the heart of a new and more integrative health care system. There is a need not to be at the cutting edge of technology but to be the most user-friendly technologies possible.



Malo Chavigny & Agathe Barnabé

#### Some questions remain...

Are rural journeys to get by a doctor irreversibly isolating?

Nowadays, is internet access a citizen, right? ?What about formation to digital technologies? What about dificulties of elderly people to use digital technologies?

Malo Chavigny & Agathe Barnabé